

## NDSA Summer Racing Series (50m) 2021

### 24 July & 25 July 2021 Sunderland Aquatic Centre

This information has been provided to clubs through NDSA (Northumberland and Durham Swimming Association). It should be read in line with the **Risk Assessment**.

NDSA are having to operate under the guidance of the Facility Management with regard to Covid 19 restrictions. This guidance impacts upon the poolhall numbers, social distancing and the wearing of face masks. The NDSA as the hirer of the facility must follow this Guidance.

The Government may have removed all Covid 19 LEGAL RESTRICTIONS with regard to the wearing of face masks and social distancing, however the NDSA and the Facility Management recognize for the protection of people attending the event it is necessary to maintain some of the restrictions to prevent the possible spread of the virus.

Organisers request that swimmers arriving and departing at the event are dropped off and collected from the Football Club car park. It is important to keep the road parallel to the pool clear of traffic as swimmers will be entering via the diving pool end of the building.

The Risk Assessment gives an insight into the mitigation of any risks that have been identified.

Swimmers should be encouraged NOT to bring large swim bags into the facility. They MUST have face masks which MUST be worn when not competing. (This includes the period between going to the designated 'call room' and returning to their seating area after their swim). If swimmers are not wearing a face mask, they may be removed by the Facility Management. A personal sanitiser is also advised. There will be facility sanitisers also available.

Swimmers and Team Staff will be checked into the Facility via the Fire Door located at the Diving Pool end of the building. They should not enter via the Main Entrance. (See the **Athlete / Club Support Flow**) They should as far as possible enter swim ready and are asked to keep the size of their bag to the minimum. 'Plastic bags' are advised to help prevent the spread of the virus. Clubs will have a dedicated seating area, swimmers are requested to keep to their area when not swimming. (See the **Pool Hall Seating Plan**).

It is recognised that some swimmers are entered in more than one event in a session and do require a change of costume. The Changing Rooms are open and swimmers should note that only one person is permitted in a cubicle at a time. Showers are available but the hair dryers will be switched off.

There is no swim-down available.

Only swimmers competing in the 1st four events should arrive for the start of the session warm-up. Those who are only swimming in these events in a session are requested to vacate the building after their swim.

Swimmers entered in the remaining events in a session are requested not to arrive earlier than the guideline time for that session (See **Approximate Timings**). This is to facilitate the limited numbers in the facility at any one time. Swimmers should leave once they have completed all events and not wait until the end of the session.

Exit is through the changing rooms and out through the Main Exit at the front of the building.

During the event a one way system will operate in a CLOCKWISE DIRECTION (see **Athletes Competition Route**). We recognize that this may cause some inconvenience but is there to minimise potential crossover when swimmers are proceeding to the start and returning to their seating after their event.

There will be no catering facilities available.

There will be no medals given out at the event.